



Just to tell you about .....

# Bracknell Forest Runners

## The Bounders Relay

When - Tuesday 20<sup>th</sup> July 2010 start at 7 pm

Where - Crowthorne Woods, behind Broadmoor Hospital

(Turn into Upper Broadmoor Road from Bracknell Road, B3348  
- then left into Kentigern Road, go down the hill and go into the  
car park on the left)

Teams of 4 - 2.5 miles per leg.

Each leg starts and finishes at the same point.

Each team must contain a vet (35+ female, 40+ male)

Teams can be single sexed or mixed

Results will be available on our website within a few days of the  
race at [www.bracknell-forest-runners.org.uk](http://www.bracknell-forest-runners.org.uk)

This year the event is supported by:



Prizes :

First male team

First female team

First mixed sex team

First non-running club team

There is ample car parking but sorry no toilets.

Entry fee: £8.00 per team, goody bag for each team.

Entries will close at 6:45pm.

Open to all clubs, and companies etc to take part in this fun, low-key event.

Could you please give me a ring or send me an e-mail to let me know how many  
teams you may be entering, so that we have a rough idea of numbers for the  
night. Thanks very much.

Presentation of prizes as soon as possible after the last runner has finished.

*If you are short of a full team come along and we'll sort you into an "allsorts team".*

Hope to see you there!

Alan Street

Chair

Bracknell Forest Runners

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